

The Centre News

August 2022

cssca@shaw.ca

President's Message

Hello, members!

It is hard to believe the summer is almost over! As fall approaches, the Social Committee of Joanne McGowan, Linda Parry, Sue Tribe and Janice Mercer, are busy planning social events. Keep your calendar free for Thursday, Sept 22, 2022, for an afternoon of musical entertainment. More information on this event is in this newsletter. The Committee is also planning a fall Halloween-themed event in late October. More details in the September newsletter.

Dani Alldrick fixed the BUNN coffee maker in the upstairs kitchen and it is ready to use. Thanks, Dani.

The Strawberry Tea was again very well attended. Thank you to Gerie Turner for organizing and to all the volunteers who worked diligently to make this popular event a success. Members enjoyed the great strawberries and an afternoon of getting together.

Dale Broad
President

Annual Memberships Due

By Dale Broad

September 1 is the start of our new membership year when annual memberships are due. Please drop by the Front Desk and renew your membership for the upcoming year. Membership will remain at \$60 per year. The Front Desk receptionist hours will increase starting Monday, August 29. There will be an additional receptionist for a couple of weeks to assist in processing memberships. The office hours will be Monday, Wednesday, and Friday from 9 a.m. until noon.

We appreciate your support of our Centre.

You Are Invited!

By Dale Broad

Please join your Activity Centre friends for a September Social on Thursday, September 22 at 2 p.m. featuring *Music Variations*.

We will be hosting a musical trio from the Mainland who are performing at various venues on Vancouver Island that week. The *Music Variations* include an accomplished guitarist, a keyboard player, and a vocal specialist. They have been performing and

recording for ten years. Their extensive repertoire includes contemporary music, waltzes (which you can dance to, if you wish), and melodies with a Latin American beat. Beverages and snacks will conclude this very entertaining afternoon. Tickets go on sale mid-September and will be \$8 for members and \$10 for guests.

In Memory of Erika Waberski

(Contributed)

Not many people knew Erika by name. She started going to the Mild Fitness class and loved it. She was such a friendly, outgoing person. She enjoyed meeting people and soon had many new friends at the Centre.

When her health began to fail, she moved from Saanichton to the Berwick at Royal Oak. She passed away in June of this year at 92.

She is fondly remembered by her fitness class friends as the feisty little German woman who had a smile for everyone.



Almost Late August Birthdays!

Sharon Wright	Aug. 1
Maureen Braun	Aug. 2
Nancy Jacobsen	Aug. 9
Corrine Marshall	Aug. 10
Ann McMillan	Aug. 14
Judith Jenkins	Aug. 16
Christine Williams	Aug. 20
Elizabeth Prouss	Aug. 20
Geoffrey Cochrane	Aug. 21
Valerie Wishlow	Aug. 29
Sally Palmer	Aug. 31

Happy September Birthdays!

Ken Bull	Sept. 1
Shirley Monych	Sept. 6
Jennifer Smith	Sept. 7
Patricia Tranter	Sept. 11
Barbara Litton	Sept. 13
Pam White	Sept. 13
Sherry Nesbitt	Sept. 13
Hedi Basic	Sept. 16
Happy Smith	Sept. 18
Adelina Ferreira	Sept. 19
Barb Mordaunt	Sept. 21
Joan Raines	Sept. 21
John Bollen	Sept. 25
Maria Pedro	Sept. 25
Janis Ball	Sept. 28

Welcome New Members!

Marie Stirling
 Judith Evanow
 Winona Auchterlonie
 Joslynn Beischer
 Adrienne Lowden
 Margaret Newman



Activities Update

By Dale Broad

1. Pot Luck Lunch: Ann McMillian, the Activity Leader, would like to start this group up again if there is sufficient interest. Share your favourite recipe with fellow members and enjoy a delicious lunch. If you are interested, a sign-up sheet is at the Front Desk. Depending upon the response, a start date and time will be determined.

2. **Scrabble:** This activity is on hold as more players are needed. They meet on Monday at 1 p.m. in the Activity Room downstairs. Please sign up at the Front Desk if you would like to join this fun activity. No experience needed.

3. **The Art Group** is starting on Tuesday, Sept 6, at 12:30 p.m. in the Lower Hall. The group gets together to work on their art, any medium, and definitely various levels of expertise. There is no instructor but they offer suggestions to each other. Come and enjoy a group of members all working separately in concentrated silence. If you would like to join this creative group, a sign-up sheet is at the Front Desk.

4. **Raconteur** and **Now That's Funny** are starting up again in September. More information later on in this newsletter.

5. **Bingo** will be held Sept 7 and 21, from 1 to 4 p.m. Doors open at noon. Come out and support your Centre!

Check out all of our activities posted on the bulletin board in the card room off the kitchen. If you are interested in joining an activity, you can get further information at the Front Desk.



Now THAT'S Funny Returns in September

By Roger Boutilier

Now THAT'S Funny! returns on Friday, September 9th at 2:22 p.m. with the incomparable Phyllis Diller taking center stage ... because that is where the screen is to project clips of her illustrious career. Ms. Diller was anything but subdued and that went for her costumes and hair-styling too. She was the master of the one-liner and/or what I call the call-and-response genre of comedy. Some jokes required putting the "ball" on the tee before taking a swing at various "sacred cows" to hit them out of the park. Join us on the 9th for lots of good humour and, yes, if you must, wear outlandish clothes (no dresses, guys) and do your hair up frightfully bizarre.

The \$2 drop-in fee applies to this event, so bring a toonie for the pot and a loonie for a coffee.

Raconteurs Returns!

By Joan Boutilier

Among the exciting fall programs at our seniors' centre will be the return of *Raconteurs* on the first Friday afternoon of each month. This series is designed to help our members get to know one another better and to share informal presentations of the subject and format of the member's choice. Last year, our raconteurs shared stories of their professional careers, personal passions and childhood memories, all of which were well-received.

Offerings for the upcoming season include entertaining anecdotes and a travelogue complete with slides (remember those?) We

kick off on the FIRST Friday of September at 2 p.m. with a mysterious presentation by Krystina Manning. She won't give me any hints except for the intriguing title: *Are we there yet? Seriously, are we there yet?* Come out and solve the mystery on September 2 at 2 p.m. at the Centre. There is a drop-in fee of \$2 and a loonie will purchase you a coffee. Hope to see you there.

Contributions to the Newsletter: if you would like to contribute news, writing, photography or jokes to the newsletter, please send them to editor Shelly Dennis-Orr at sdennisorr@gmail.com

Writers' Corner

The Avian Chorus

by Mary Grant

“Cheerily, cheer up, cheer up, cheerily”. What is that? Oh, it's our neighbourhood robin in song.

The world of birdsong is fascinating in its complexity and variety. Although a few birds are not vocal, the majority express themselves in unique ways whether in a simple call note or a song.

Their calls and songs can depend on time of day, season, geographic area, age, sex, circumstances or intentions.

Birders are keen hobbyists who know our robin's call is “tut, tut, tut”. Hearing “shack, shack, shack”, they recognize a blue jay. “Chut, chut, chut” is a pine siskin and our familiar mallard duck says, “Quack”.

We love to put words to the songs so we know we are hearing a barred owl ask “Who works for you? Who works for you?”



Weekly Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aerobics 9:00- 10:00am		Aerobics 9:00 - 10:00 am	Scottish Country Dance 10 :00am - Noon	Aerobics 9 :00- 10:00 am	NIA Dance 9:30 - 10:30 am
Mild Fitness 10:30 - 11:30 am		Mild Fitness 10:30 - 11:30 am		Mild Fitness 10:30 - 11:30 am	
Bridge 12:00 -4:00 pm	Art Group 12:00 - 3:00 pm	Weaving 11:00am - 3:00pm	Pot Luck Lunch 12:00—1:30 pm 3 rd Thursday Date TBD		Jammin' Seniors 9:30am - Noon
	Songbirds Choir 1:00 - 2:00 pm Date TBD	500 Club 1:00—3:30pm	Lunch Bunch 11:30 AM 4 th Thursday Date TBD	BUS TRIPPERS 2nd Friday Of each month Date TBD	Bridge 12:00—4:00 pm
Scrabble 1:00 pm	Chair Yoga 2:30—3:30pm	Bingo 1:00 - 4:00 pm 1st and 3rd Wed	Book Club 2:00—3:30 pm 2nd Thursday	Raconteur 2:00—3:00 pm 1st Friday Sept 2022	
		Knitting 1:30—3:30 pm	Writing Circle 2:00—3:30 pm 3rd. 4th and 5th Thursday	Now That's Funny 2:22—3:22 pm 2nd Friday Sept 2022	SUNDAY Walking Group 2:00 pm
			Bridge 12:00—4:00 pm	Speakers Series 2:00-3:00 PM 3rd or 4th Friday	
	Art Appreciation 7:00 pm 2nd & 4th Tues Oct 2022				

CSSCA Speaker's Series

Friday, 16th September 2022



Don't get Scammed!

Constable **Tristan Gentile** from the Central Saanich Police Service has agreed to join us at **2pm on Friday, 16th September** to give a presentation to all interested in learning how to avoid being scammed. From telephone calls to our computers and knocks on our doors, Constable Gentile will tell us what clues to look for to ensure we “**Don't get Scammed**”.

Friday, 21st October, 2-3pm

“Antarctica: The 7th Continent”, A comparison with the Arctic



Dr. John Gunton (retired exploration geologist/geochemist) is presenting an interesting topic that may help to answer some of the questions people may have about Antarctica and help them to understand this mysterious continent.

Please mark the 21st of October on your calendar... more information will be included in September's newsletter.